

**SACRED HEART CATHEDRAL**

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**Message by Parish Priest**

My dear friends!

We have a newly elected government in Delhi. A government who has come back to power with the promise of serving the AAM AADMI, i.e. the poor , the marginalized and all the sections of the society. Let us pray that this government as they take oath to the office, may they be able to remain faithful to the promises they have made and serve the people with utmost sincerity.

Pope Francis in his catechesis on the first Beatitude — “Blessed are the poor in spirit, for theirs is the kingdom of heaven” said “there is a poverty that we must accept, that of our own being; and a poverty that we must seek instead, from the things of this world”. Jesus’ “way to happiness”, the Pope said, begins with a “paradoxical proclamation... a strange object of bliss”. So we must ask ourselves, what is meant by the word “poor”? Matthew’s use of the expression “poor in spirit” shows us that Jesus is not talking simply about economic poverty, but of a spiritual understanding of our poverty. “Those who are ‘poor in spirit’”, the Pope said, “are those who are and who feel themselves to be poor, beggars, in the depths of their being”. This is contrary to the message of the world, which tells us we have to make something of ourselves. This attitude leads to “loneliness and unhappiness”, because it sets us in competition with others, so that we “live in obsessive concern for [our own] ego”. Jesus, though, tells us that “to be poor is an occasion of grace, and He shows us the way out” of the fatigue caused by trying to hide our limitations and failings. The kingdoms of the world, possessed by those who have wealth and comfort, are kingdoms that end. “The powers of human beings, even the greatest empires, pass and disappear”. On the contrary, it is the one “who knows how to love the true good more than himself”. “This is the power of God”; and this is how Christ shows Himself to be powerful: “He knew how to do what the kings of the earth do not: to give His life for human beings. And this is true power: the power of fraternity, the power of charity, the power of love, the power of humility. This is what Christ did”. And, the Pope continued, “true freedom lies in this: the one who has this power of humility, of service, of fraternity is free. The poverty praised by the Beatitudes lies at the service of this freedom”. He concluded his catechesis by saying “we must always seek this freedom of the heart, which has its roots in the poverty of ourselves”.

May we be able to experience the freedom that Jesus speaks of in the Beatitudes.

**Parish Priest**

Fr. Lawrence PR

**Asst. Parish Priests**

Fr. John Britto

Fr. Shinil Jacob

**Mass Timings****Saturdays**

6.00 pm (Eng)

Anticipated Mass

**Sundays**

6.30 am - English

7.30 am - Malayalam

9.00 am - English

10.15 am - Hindi

11.30 am - English

4.00 pm - Hindi

6.00 pm - English

**Weekdays**

6.30 am- English

1.00 pm - English

6.00 pm - English

Tuesday evening  
Mass is in Hindi\* **No mass at 1.00 pm  
on Saturdays****Sunday Liturgy**

23rd Feb. 2020

**English 9:00am****CARITAS INDIA****SCC Unit****Hindi 10:15am****Our Lady of Mount Carmel****SCC Unit**

## SUNDAY READINGS & REFLECTION

### 1st Reading: Sirach (15:15-20)

Sirach vigorously denies that God makes people to sin.

### Response Ps: 118

They are happy who follow God's law!.

### 2nd Reading: Corinthians (2:6-10)

Paul asserts that humankind has failed to perceive the wisdom of God.

### Gospel: St Matthew (5:17-37)

In this passage Jesus re-interprets the Ten Commandments according to the new morality that he is proposing.

### Prayers of the Faithful:

Lord, help us to reject evil.

### पहला पाठः प्रवक्ता का ग्रन्थ 15:15 - 20

ईश्वर प्रेम है। प्रेम से प्रेरित होकर उसने मनुष्य को स्वतंत्रता दी है ताकि वह स्वेच्छा से उसके नियमों का पालन करे और अनंत जीवन प्राप्त करे।

### अनुवाक्यः स्तोत्र 119

धन्य हैं वे, जो प्रभु की संहिता के मार्ग पर चलते हैं।

### दूसरा पाठः कुरिथियों के नाम 2: 6 - 10

परिपक्व लोगों के लिए संत पौलुस प्रज्ञा की बातें करते हैं। वह कहते हैं कि ईश्वर ने भले मनव्यों के लिए जो कुछ तैयार किया है, उसे न किसी ने देखा है, न किसी ने सुना है और न ही किसी को कुछ सूझा है।

### सुसमाचारः सन्त मत्ती 5:17-37

प्रभु येसु ने पुराने नियमों का समर्थन किया और उनका अधिक गहराई से पालन करने को कहा। इसलिए यह जरूरी है कि हम अपने अन्तःकरण से आरंभ करें, विचारों से आरंभ करें।

### विश्वासियों के निवेदन

हे पिता, बुराह को अस्वीकार करने में हमारी मदद कर।

## REFLECTION

In this Sermon on the Mount, we have various sayings of Christ, actually spoken on different occasions. Matthew, in his systematic manner, has gathered these sayings into one continuous discourse here. Christ is not abolishing the ten commandments, but he is demanding of his followers a more perfect, a more sincere, fulfilment of them. No man serves or honours God by any exterior acts, be they ever so arduous or continuous, unless these acts proceed from an intention and a will to honour and please God. Avoiding murder therefore is not enough; the true Christian must remove any inclination to murder by building up true, brotherly love for all men in his heart. We must not only not injure our neighbour or fellowman in his person, or in his character, but we must be ever ready to help him and prevent injury to him, whenever and wherever we can. We must not only not commit adultery, but must also develop a Christian respect and esteem for purity, the virtue which will preserve us not only from adultery but even from thoughts of adultery. True and loyal service of God therefore begins in the heart and has its value from this interior disposition. Keeping the Ten Commandments is our way of proving to God that we are grateful, obedient and loyal to him who gave us all we have and who has promised us future gifts infinitely greater still. And just as our love for God is proved by our true love for our neighbour, so the last seven of the commandments impose on us obligations regarding our neighbour. It is only by fulfilling these seven that we can fulfil the first three which govern our relations with God. This truth is expressed by our Lord in the words: If you are offering your gift at the altar, and remember that your brother has something against you, leave your gift there . . . first be reconciled to your brother and then come and offer your gift.

## READINGS OF THE WEEK

- 17 Mon:** Jas 1:1-11/ Ps 119 /Mk 8:11-13
- 18 Tue:** Jas 1:12-18/ Ps 94/ Mk 8:14-21
- 19 Wed:** Jas 1:19-27/ Ps 15/ Mk 8:22-26
- 20 Thu:** Jas 2:1-9/ Ps 34/ Mk 8:27-33
- 21 Fri:** Jas 2:14-24,26/ Ps 112/ Mk 8:34-9:1
- 22 Sat:** 1 Pet: 5:1-4/ Ps 23/ Mk 16:13-19



**Listen to the Migrants' Cries**  
**We pray that the cries of our migrant brothers and sisters,**  
**victims of criminal trafficking, may be heard and considered.**

-Pope Francis-



## PARISH NEWS

1. St. Mary's Boys Hostel, Rohtak opens Admission for class V, VI & VII. Today there is an Entrance Test at Yusuf Sadan at 2 pm. Kindly see the notice board for details.
2. This year we commence the Holy Season of Lent on the 26th February with the Ash Wednesday. It is a day of fast and abstinence. Masses on the Ash Wednesday will be as per the week day schedule. Kindly note that we won't have the Novena to our Lady of Perpetual Succor on the Ash Wednesday. We also request you to bring back the blessed palm leaves that you took on the last Palm Sunday.
3. Next Sunday Archbishop Gianbattista D'Quattro will offer the 9 am Mass and inaugurate the Lenten campaign against hunger and disease. The caritas India is organizing a drawing competition and Essay Writing Competition for all our Catechism children.
4. During Lenten Season the Way of the Cross will be held at Cathedral on Thursdays in Malayalam at 6:45 pm, on Fridays at 5:00 pm in Hindi and at 6:30 pm in English. On Fridays at Khan Market at 6:30 pm. On Tuesday at 2:30 pm at Carmel Convent. Collection taken during the service will be for the campaign against hunger and disease.
5. The DCRS is organising the Lenten Convention "Hosanna" in English with Hindi translation on 6th, 7th & 8th March at Jeevan Jyothi Ashram. Rev Fr Ausustine Vallooran VC will preach the Retreat.
6. Thanks to St. Thomas and St. Mother Teresa SCC units respectively for animating the liturgy today.
7. Next Sunday, the 9.00 am and 10.15 Masses will be animated by CARITAS INDIA and Our Lady of Mount Carmel SCC units respectively.
8. On the 14th March (Saturday) we are going on a pilgrimage to Sardhana. Please register your name with the Catholic Association. Last date to register is 8th March, 2020.
9. There will Choir Practice for the Holy Week celebrations on every Saturday at 5:30 pm in Maria Bhawan Basement. Those who would like to join the Choir are requested to attend the practice regularly from the beginning.
10. Kindly pay your Church Support Fund regularly at the Help Desk.

**Fr. Lawrence PR  
Parish Priest**

## SCC MEETINGS

### St Alphonsa SCC meeting

on 20th February, 2020, (Thursday) at 7.30 pm,  
at the residence of **Mrs Chanda Dass**, Block No.22, Flat No. 969, Baba Kharak Singh Marg.

# Pilgrimage To Sardhana



Pilgrimage  
to Our Lady of  
Grace Sardhana  
on  
14th Mar. 2020  
at 6:00 am  
Ticket:

₹ 450/- Per Person

Last Date for Submitting the Name 8th Mar.

## FEASTS OF THE WEEK

Mon: 17 th Feb. 2020

The Seven Founders of the  
Order of Servites

Tue: 18 th Feb. 2020

St Kuriakose Elias Chavara

Wed: 19 th Feb. 2020

St Conrad

Thu: 20 th Feb. 2020

St Eucherius

Fri: 21 st Feb. 2020

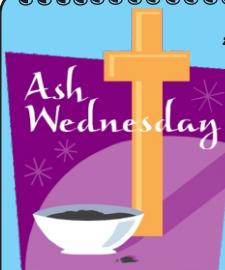
St Peter Damian

Sat: 22 nd Feb. 2020

Chair of Peter, Ap, Feast

## ASH WEDNESDAY SERVICE

ASH WEDNESDAY  
MASS SCHEDULE



26TH FEB., 2020  
AT CATHEDRAL

06.30 am (English)  
01.00 pm (English)  
06.00 pm (English)



This issue is sponsored by Ms. JAYA PAUL.