

## SACRED HEART CATHEDRAL

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## Message by Parish Priest



In today's Gospel Jesus shows his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. The Apostles could not accept it. This revelation was contrary to their concept of Messiah as a warrior king, who would sweep the Romans from Palestine and lead Israel to power. They had been brought up with the idea of Messiah of power and glory and conquest. To them the idea of a suffering Messiah the connection of a cross with the work of the Messiah was incredible. Hence Peter took Jesus aside and began to rebuke him, saying, 'God forbid it, Lord! This must never happen to you.' But he turned and said to Peter, 'Get behind me, Satan! You are a stumbling block to me, for you are setting your mind not on divine things but on human things.'

Jesus faced the crucial temptation at the beginning of his public life. The temptation followed him throughout his life. At every crucial point of his life it came back in different forms. And here Peter is offering it to him now. Peter was urging upon him the very things which the tempter was always whispering to him. Peter was confronting Jesus with that way of escape from the Cross. The fact that it came from the one who loved him, made the temptation more acute.

When a bud goes through the pain of bursting, it is transformed into a beautiful flower. When a pupa struggles out of a cocoon, it is transformed into a charming butterfly. When a chicken breaks the shell and comes out it becomes a lovely bird. When a seed bursts the pod and falls to the ground it begins to grow as a plant. When we undergo the suffering and pain of life we get strengthened. Arthur Golden reminds us that "Adversity is like a strong wind. It tears away from us all but the things that cannot be torn, so that we see ourselves as we really are." (Arthur Golden, *Memoirs of a Geisha*) St Paul wrote: "Suffering produces endurance, and endurance produces character, and character produces hope (Romans 5:3-4)." Suffering is not the last thing in life. It leads us to something greater as long as we are ready to accept its challenges. "A bend in the road is not the end of the road... unless you fail to make the turn."

Jesus confronting the disciples with the challenges of Christian life, in today's Gospel. There are three things which a man must be prepared to do, if he is to live the Christian life. First he must deny himself. He must take up his cross. He must follow Jesus Christ. To do this we must be able to accept challenges and take risk in life.

Jesus asserts emphatically, "whoever wishes to keep his life safe, will lose it; and whoever loses his life for my sake, will find it. The man who plays for safety loses life. If we meet life in the constant search for safety, security, ease and comfort we are losing all that makes life worthwhile. If our decisions are taken from worldly-wise and prudential motives, we are losing the focus of life; and our life becomes selfish and earth bound.

May we be able to take up the challenges the Lord throws before us!

## Parish Priest

Fr. Lawrence PR

## Asst. Parish Priests

Fr. John Britto

Fr. Shinil Jacob

Fr. Arokia Raj

## Mass Timings

## Saturdays

6.30 pm (Eng)

Anticipated Mass

## Sundays

9.00 am - English

10.30 am - Hindi

11.45 am - English

6.30 pm - English

Live streaming  
of Holy MassSunday: 9:00 am - English  
10:30 am - Hindi

Weekday: 6:30 pm - English

For live streaming of  
Holy Mass

click on the following links:

[https://www.facebook.com/](https://www.facebook.com/archishopanilcouth/)[archishopanilcouth/](https://www.facebook.com/archishopanilcouth/)[https://www.youtube.com/](https://www.youtube.com/archishopanilcouth)[archishopanilcouth](https://www.youtube.com/archishopanilcouth)PRAYER TO THE  
SACRED HEART OF  
JESUS

O most holy heart of Jesus, fountain of every blessing, I adore you, I love you, and with lively sorrow for my sins, I offer you this poor heart of mine. Make me humble, patient, pure and wholly obedient to your will.

Grant, good Jesus, that I may live in you and for you. Protect me in the midst of danger. Comfort me in my afflictions. Give me health of body, assistance in my temporal needs, your blessing on all that I do, and the grace of a holy death. Amen.

# SUNDAY READINGS & REFLECTION

## 1st Reading: Jeremiah 20:7-9

This poetic lament reflects Jeremiah's intense pain bordering on despair.

## Response Ps: 62

For you my soul is thirsting, O Lord, my God.

## 2nd Reading: Romans 12:1-2

Paul uses three adjectives, namely, 'what is good, acceptable and perfect' to sum up the transformed life of the Christian.

## Gospel: St Matthew 16:21-27

This passage contains the first of the passion predictions.

## Prayers of the Faithful:

Lord, help us to be patient in suffering.

## पहला पाठ: येरेमियस का ग्रन्थ 20:7-9

नबी येरेमियस प्रभु का वचन घोषित करता है, क्योंकि वह वचन उनके अन्दर एक धधकती आग के समान है, जिसे वह नहीं दबा पाता है।

## अनुवाक्य: भजन स्तोत्र 62

मेरी आत्मा तेरे लिए तरसती है।

## दूसरा पाठ: रोमियों के नाम पत्र 12:1-2

संत पौलुस रोमियों से अनुरोध करते हैं कि वे इस संसार के अनुकूल नहीं बनें, बल्कि ईश्वर की संतति होने के नाते सब कुछ नयी दृष्टि से देखें और अपना स्वभाव बदल लें।

## सुसमाचार: सन्त मन्ती 16:21-27

येसु के शिष्य साधरण मनुष्यों की तरह सदा सांसारिक बातों की ही चिन्ता में डूबे रहते थे। येसु उन्हें अपने दुःखभोग और मृत्यु के विषय में बताते हैं और उन से कहते हैं, "यदि कोई मेरा अनुसरण करता चाहे, तो आत्मत्याग करे और अपना क्रूस उठा कर मेरे पीछे हो ले।"

## विश्वासियों के निवेदन

हे पिता, हमारी प्रार्थना सुन।

## REFLECTION

Dear brothers and sisters, today's gospel continues directly from last Sunday's when Jesus asked his friends who he was for them. Peter responded by saying that Jesus was the Christ, the Son of the living God. So far so good. Today Jesus continues the conversation by telling them that he will suffer grievously, be put to death and that he will be raised three days later. However, Peter who last week, full of enthusiasm was on Jesus' side now begins to argue and disagree with what Jesus has just said. He takes Jesus aside and plainly says to him, 'Lord, this must not happen to you'. Despite his admiration and respect for Peter, Jesus wastes no time in responding, 'Get behind me, Satan! You are an obstacle in my path... if anyone wants to be a follower of mine, let them take up their cross and follow me'. This is the very opposite of the compliment that he paid Peter in last Sunday's gospel. So, what are we to make of this conversation between Jesus and Peter?

Last Sunday's gospel was very upbeat and positive. Peter knows who Jesus is. Jesus calls him the Rock, on whom the church will be built. Now today Peter doesn't like what he hears from Jesus when he speaks about suffering, discipleship and the cross. For all Peter's enthusiasm and exuberance in proclaiming Jesus as the Christ, it only takes a few seconds for Jesus to rebuke him for thinking not as God thinks, but as humans do. Peter wants to be a follower of Jesus, but only on his own terms, not those of Jesus. We can look to Peter for strength and encouragement. On one hand he proclaims Jesus as the Son of God. On the other hand he doesn't fully appreciate the path Jesus must travel. Peter swings from enthusiastic faith to fearful doubt, perhaps much like all of us. Despite Peter's fear and objection to Jesus' suffering as well as denying him, Peter is forgiven and restored by Jesus and asked to lead the new group of believers until he finally gives his life for Jesus and his faith as a martyr in Rome.

Peter is a man we can look to and admire as someone just like us. He should bring us hope. Like him, none of us are perfect followers of Jesus. At times, we too fall and fail. We too are often reluctant to follow Jesus with our cross. We may at times even deny him. But Jesus never deserts us. Like Peter, if we can accept and live with our mistakes and at the same time remain faithful, Jesus can use our ordinary and sacred lives to build up and promote God's Kingdom and his Church.

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# CHURCH NOTICES

**22nd SUNDAY OF THE YEAR 30.08.2020**

**1. We have resumed Weekdays and Sunday Masses at Cathedral. However, the number of masses have been reduced keeping in mind the situation created by COVID-19. On Weekdays, we will have two masses only. The morning mass at 6.00 am and the evening mass at 6.30 pm. On Sundays, there will be five masses as follows. 7.00 am Malayalam, 09.00 am in English, 10.30 am in Hindi, 11.45 am in English and 06.30 pm in English.**

**2. All those who have taken the gulaks during the Lenten Season or have made any savings for the Campaign against Hunger and Disease may submit it to the parish office as soon as possible.**

**3. Students who have secured (70% and above marks in English Medium) and (60% and above in Hindi Medium) in the Board Examination (10th and 12th) during the academic year 2019-20 are requested to submit the copies of Mark Sheet along with a copy of the Church membership card at the help Desk. Last day to submit the documents are 6th September.**

**4. We celebrate the Birthday of Mother Mary on the 8th September. In the preparation for the celebration we begin the Novena on the 30th August. There will be Novena and Rosary every evening at 6.00 in front of the Grotto.**

**5. Next Sunday on the 6th September, 2019, there will be meeting of the Parish Council at 10.30 am.**

**6. Kindly pay your Church Support Fund at the Help Desk. Church Support Fund may also be remitted through online. For details kindly look at the Cathedral Calling.**

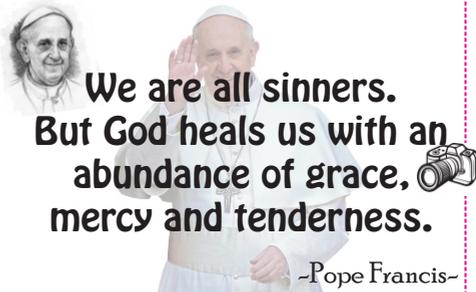
## **Marriage Banns**

**Mr. Anto Oswin Nihal S/o Mr. R. Nihal Pedric & Mrs. T. Jeya Christy R/o A3/2, MS Flats, Peshwa Road, New Delhi belonging to this Parish (now residing at Atlanta, Georgia, USA) intends to marry Ms. Sophie Monigatti Lake D/o Dr. Byron Lake and Dr. Neva Lake, belonging to St. Patrick's Catholic Church, Grass Valley, California, USA (Sacramento Diocese). This is the second Bann. If you are aware of any impediment to the proposed marriage, please inform the parish priest.**

**Fr. Lawrence PR  
Parish Priest**

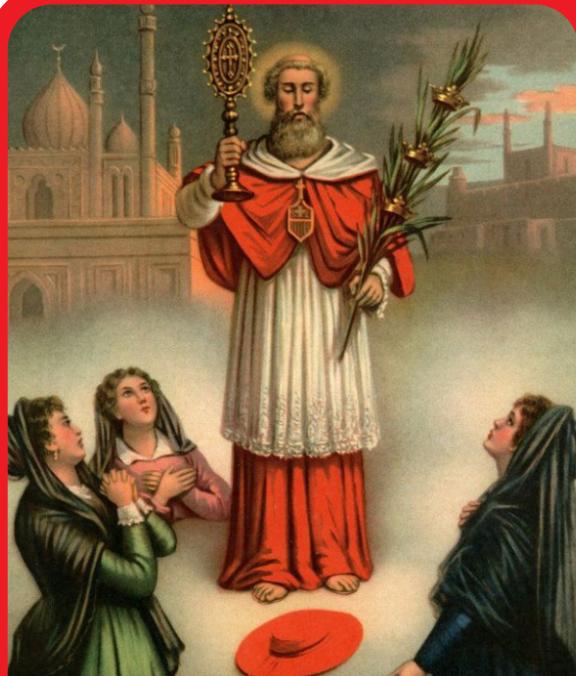
## READINGS OF THE WEEK

- 31 Mon:** 1 Cor 2:1-5 / Ps 119/ Lk 4:16-30  
**01 Tue:** 1 Cor 2:10-16 / Ps 145 / Lk 4: 31-37  
**02 Wed:** 1 Cor 3:1-9 /Ps 33/ Lk 4:38-44  
**03 Thu:** 1 Cor 3:18-23 / Ps 24 / Lk 5:1-11  
**04 Fri:** 1 Cor 4:1-5 / Ps 37/ Lk 5: 33-39  
**05 Sat:** 1 Cor 4:6-15 / Ps 145/ Lk 6:1-5



**We are all sinners.  
But God heals us with an  
abundance of grace,  
mercy and tenderness.**

-Pope Francis-



*Full Name: Raymond Nonnatus*

*Born: 1204, Portell, Spain*

*Died: 31st Aug, 1240, Castell de Cardona, Spain*

*Canonized: 1657, Rome, by Pope Alexander VII*

*Patronage: Barco, Childbirth, Obstetrics,*

*Midwife, Fever in children*

*Feast: 31st August*

## PRAYER TO ST. RAYMOND NONNATUS

Glorious St. Raymond filled with compassion for those who invoke thee, and with love for those who suffer heavily laden with the weight of my troubles, I cast myself at thy feet and humble beg of thee to take the present affair which I recommend to thee under thy special protection.

Vouchsafe to recommend it to the Blessed Virgin Mary and lay it before the Throne of Jesus, so that He may bring it to a happy issue.

Cease, not to intercede for me until my request is granted.

Above all obtain for me the grace of one day beholding my God face to face and with thee and Mary and the saints praising and blessing to all eternity. Amen.

Good St. Raymond pray for us and obtain our request, Our Father, Hail Mary and Glory be to the Father.

## FEASTS OF THE WEEK

**31 Mon: St Raymond Nonnatus**

**01 Tue: St Giles**

**02 Wed: St William**

**03 Thu: St Gregory the Great**

**04 Fri: St Rose of Viterbo**

**05 Sat: St Teresa of Calcutta**

## PRAYER TO ST. GILES

(Patron St. of the Disabled)

**Grant, we beseech thee, O Lord, that the prayers of thy holy Abbot, Saint Giles may commend us unto thee: that we, who have no power of ourselves to help ourselves, may be his advocacy find favor in thy sight. We ask this through Christ, our Lord. Amen**



**Born:** 650 AD, Greece  
**Died:** 710 AD, Septimania  
**Patronage:** Leprosy, Blacksmith, Breast Cancer  
**Feast:** 1st September

### DAILY PRAYER OF ST. TERESA OF CALCUTTA

**Dear Jesus, help me to spread Thy fragrance everywhere I go. Flood my soul with Thy spirit and love. Penetrate and possess my whole being so utterly that all my life may only be a radiance of Thine.**

**Shine through me and be so in me that every soul I come in contact with may feel Thy presence in my soul. Let them look up and see no longer me but only Jesus. Stay with me and then I shall begin to shine as you shine, so to shine as to be a light to other.  
Amen.**



**Born:** 26th Aug. 1910, Skopje, North Macedonia  
**Died:** 5th Sep. 1997, Kolkata  
**Canonized:** 4th Sep. 2016, Vatican City by Pope Francis  
**Feast:** 5th September

**For those who  
would like to pay  
Church Support Fund  
or other contributions  
through online may kindly  
do so in the following  
account.**

**ACCOUNT NAME:**

**SACRED HEART CATHEDRAL**

**ACCOUNT NUMBER:**

**020500563450190001**

**IFSC CODE:**

**CSBK0000205**

**BANK:**

**CATHOLIC SYRIAN BANK**

**CONNAUGHT CIRCUS, NEW DELHI**

**Kindly note:**

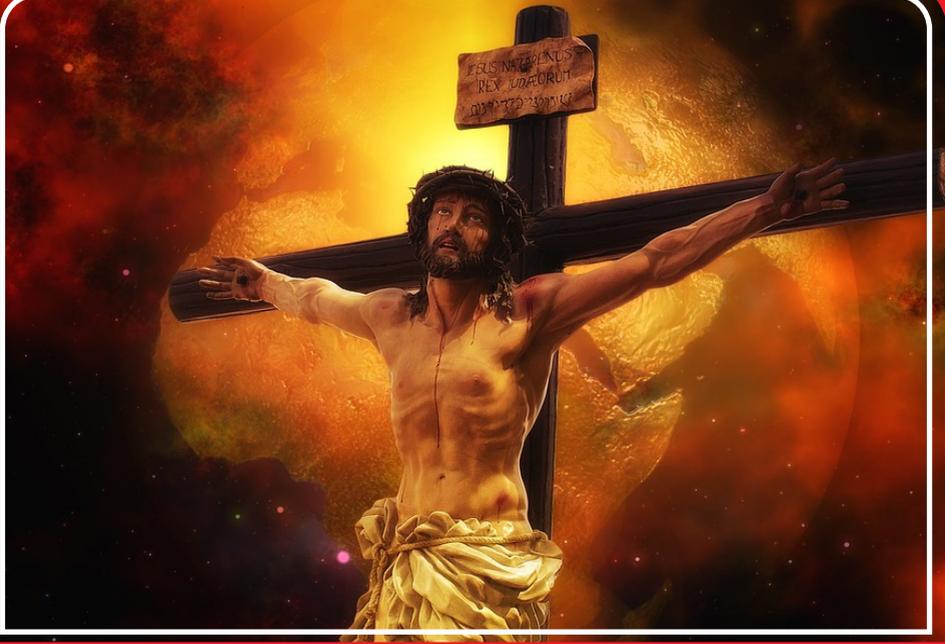
**After transferring the payment, kindly send the following  
details through SMS/ WhatsApp/ E-mail**

**1) Name, 2) Parish Membership Number**

**3) Amount transferred, 4) Details of payment**

**(Indicate the months for which the CSF payment has been made)**

**Parish E-mail ID: [sacredheartcathedralnewdelhi@gmail.com](mailto:sacredheartcathedralnewdelhi@gmail.com)**



“प्रभु! हम किसके पास जायें!  
आपके ही शब्दों में अनंत जीवन का सन्देश है।”  
योहान 6:68

हे प्रभु, तू हमारे लिए क्रूस पर मर गया ताकि हमें जीवन प्राप्त हो और परिपूर्ण जीवन प्राप्त हो। हम अपने पापों को स्वीकारते और स्वयं को तेरे चरणों में सौंपते हुए तेरी दया की भीख मांगते हैं। प्रभु हमारी रक्षा कर कि हम कोविड-19 महामारी से नष्ट न हो जाएं। तेरी असीम दया और प्रेम पर ही हमारा भरोसा है।  
आमेन

“Lord, to whom shall we go? you  
have the words of eternal life.”  
John 6:68

**Lord Jesus, you died for us that we may have life and have it in all its fullness. We surrender our lives to you confessing our sins and begging for your mercy. Save us Lord from this terrible COVID-19 pandemic lest we perish. We trust in your infinite kindness and love. Amen.**