

## REFLECTIONS

### “FIRST SUNDAY OF LENT”

#### FIRST READING :- Gen 9:8-15

God promises to never again destroy all life by the waters of flood. This covenant of God is gracious and unconditional.

**RESPONSORIAL PSALM :** Your ways, Lord, are faithfulness and love for those who keep your covenant.

#### SECOND READING : - 1 Pet 3:18-22

Jesus dies once and for all for our sins and was raised to life by the spirit. The death and the resurrection of Jesus symbolize Christian Baptism.

#### GOSPEL :- Mark 1:12-15

Jesus was tempted, but he never yielded to them. He was intimidated but he never subdued himself to the opposition.



पहला पाठ: उत्पत्ति-ग्रन्थ 9: 8-15

ईश्वर ने नूह के लिए जो विधान घोषित किया था, वह सारी मनुष्यजाति से सम्बन्ध रखता था और येशु मसीह में पूर्णता प्राप्त करने वाला था।

अनुवाक्य:- हे प्रभु, तेरे मार्ग प्रेम और सच्चाई के मार्ग हैं।

दूसरा पाठ: पेत्रुस का पहला पत्र 3: 18-22

सन्त पेत्रुस कहते हैं कि नूह के जहाज द्वारा केवल आठ मनुष्य जलप्रलय से बच गये थे, किन्तु मसीह के बपतिस्मा द्वारा सबको मुक्ति मिल सकती है।

सुसमाचार: मारकुस 1: 12-15

निर्जन प्रदेश में येशु मसीह की परीक्षा ले ली गयी थी। इसी तरह हर मनुष्य को ईश्वर और संसार में से एक को चुनना पड़ता है। हम चाहें तो ईश्वर के प्रति ईमानदार रह सकते हैं और संसार के कल्याण के लिए कार्य कर सकते हैं। ईश्वर का राज्य अब निकट है-ईश्वर हमारा सहयोग चाहता है।

## PARISH NEWS

### LEO FLORISTS

Specialists in: Church Decoration for Marriages and Marriage Anniversaries, Wedding bouquet, Car Decoration & Office Arrangements.

Contact: Deepak Massey

Mobile: 9810323408, 9891210568

### Holy Father's Intention For February

That Prisoners, specially the young, may be able to rebuild lives of dignity.  
That married people who are separated may find welcome and support in the christian community..

### \* ROOMS/ SHOPS AVAILABLE FOR RENT\*

Well Furnished Rooms with double/ triple cot available. Shops for rent available.

#### Contact

Mrs. Shireen Jacob

G-30 Laxmi Nagar

Delhi-92

Mobile No.-: 9910664399

### FREE CLINIC AT MARIA BHAVAN BASEMENT

#### \* ACUPRESSURE TREATMENT

There is free clinic for accupressure treatment every Saturday from 09:00 am to 01:00 pm.

#### \* HOMEOPATHIC TREATMENT

Free homeopathic treatment is available every Saturday from 04:30 pm to 07:00 pm.9

## READINGS OF THE WEEK

23 Mon St. Polycarp Lev 19:1-2,11-18, Mt 25:31-46

24 Tue Isa 55:10-11, Mk 6:7-15

25 Wed Jonah 3:1-10, Lk 11:29-32

26 Thu Esth Add C 14:3-14, Mt 7:7-12

27 Fri Ezek 18:21-28, Mt 5:20-26

28 Sat Deut 26:16-19, Mt 5:43-48

# CATHEDRAL Calling

“ GO, AND SIN NO MORE! ”



**Parish Priest:**  
Rev. Fr. Maria Susai

**Co-pastors:**  
Rev. Fr. Robinson Rodrigues  
Rev. Fr. Ben Carol

**FIRST SUNDAY OF LENT**  
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**Parish Bulletin**  
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## WINTER MASS TIMINGS

### SATURDAYS:

**Cathedral : 6.00 p.m. Sunday Anticipated Mass (English)**  
(Weekday Masses at 6.30 a.m., 1:00 p.m. and 6.00 p.m.)

### SUNDAYS:

Cathedral :	06.30 a.m.	—	English
	07.30 a.m.	—	Malayalam
	09.00 a.m.	—	English
	10.15 a.m.	—	Hindi
	11.30 a.m.	—	English
	04.00 p.m.	—	Hindi
	06.00 p.m.	—	English
Carmel :	07.30 a.m.	—	Hindi
Mater Dei :	07.30 a.m.	—	Hindi
ISI :	07.30 a.m.	—	Hindi

Apostolic Nunciature : 07.30 & 10.00 a.m.—English

### REFLECTION:

We are now into the great season of Lent. During the season of Lent, the church invites us to examine our lives, to repent of our sins and do penance. By means of fasting, penance and prayers, the faithful obtain strength they need to overcome the sinful tendencies. The purpose of Lent is to provide that purification by weaning human persons from sin and selfishness through self-denial and prayer, by creating in them the desire to do God's will and to make his kingdom alive by making it first come into their hearts. In the first reading we have the story of Noah and the deluge that destroyed evil persons. At the end of the deluge only Noah and his family were saved. God then established a covenant with Noah and humanity. The rainbow in the clouds serves as a sign of this covenant. In the second reading we have Peter telling us how our Baptism unites us with Christ's death and resurrection. We are cleansed of all evil and made right with God. In the Gospel we have the Temptation narrative. After his Baptism, Jesus was led by the Spirit into the desert to be tempted by the evil one. After his victory over the Satan, Jesus enters his public life to proclaim the message of the Kingdom of God.

## PARISH NEWS

### STATIONS OF THE CROSS:

As is the usual custom of the church, we will have the Stations of the Cross on all Fridays at 5 pm in Hindi and at 6.30 pm in English. We request all of you to take part in these special Lenten devotions to experience the tremendous mercy and compassion of God, Our Loving Father. We also earnestly urge you to be generous in your contributions during the Lenten days as it will be used for the campaign against hunger and disease.

### DAYS OF FAST AND ABSTINENCE

Ash Wednesday; Good Friday. Abstinence becomes mandatory from the age of 14, and the law of fasting binds those who have attained their majority (18 yrs) until the beginning of their sixtieth year.

### VOICE OF DELHI, DILLI VANI:

Voice of Delhi and Dilli Vani are available at the Help desk. Kindly get a copy for yourself.

## पल्ली सूचनाएँ

### कूस का रास्ता

दुख-भोग काल में हर भुक्वार भाम 05:00 बजे चर्च में हिन्दी में और 6.30 बजे अंग्रेजी में कूस रास्ता होगा। कूस रास्ता के दौरान भुखमरी और बिमारी के विरुद्ध अभियान के सहयोग के लिए चन्दा लिया जाएगा।



### सपोर्ट फन्ड

प्रत्येक रविवार को चर्च सपोर्ट फन्ड आप काथोलिक एसोसिएशन के सदस्यों के पास जमा कर सकते हैं। चर्च को सपोर्ट करना प्रत्येक परिवार का कर्तव्य है जब आप पारिश ऑफिस में आते हैं तो अपना फमिली कार्ड साथ में लाये।

इस महिने की दिल्ली वाणी और वॉइस ऑफ देल्ली उपलब्ध है।



*“Ask and it will be given to you; seek and you will find;  
knock and the door will be opened to you.”*