REFLECTIONS

"FOURTH SUNDAY OF LENT"

FIRST READING: - Chron 36:14-16,19-23

Total unfaithfulness to God's decrees is what caused the Babylonian exile and the destruction of Jerusalem and the Temple, but God intervenes to rescue the people from exile.

RESPONSORIAL PSALM :- O let my tongue cleave to my mouth if I remember you not.

SECOND READING: - Eph 2:4-10

Paul tells the Ephesians that salvation is God's gift to them and not the fruit of their own good works.

GOSPEL: - Jn 3:14-21

Eternal life which is Jesus' gift to us is achieved by belief in jesus who died on the Cross.

चालीसे का चौथा इतवार

पहला पाठः इतिहास ग्रन्थ 36: 14-16, 19-23

यहूदियों ने ईश्वर के विरूद्ध आचरण किया था। इसिलये बाबुल की सेना ने येरूसालेमद को नश्ट कर दिया। यहूदी बन्दी बन कर बाबुल ले जाये गये थे। बाद में फ़ारस के राजा सीरूस ने बाबुल पर विजय पायी और यहदियों को उनके अपने देश वापस जाने की अनुमति दे दी।

अनुवाक्य-ः हे प्रभृ! यदि मैं तुझे याद न करूँ तो मेरी जीभ तालू से चिपक जाये।

दुसरा पाठः एफेसियों के नाम पत्र 2: 4-10

ईश्वर की असीम कृपा ने येसु मसीह के द्वारा हमारे लिये मुक्ति का द्वार खोल दिया। इसका अर्थ यह नहीं है कि हमें इसके बाद कुछ नहीं करना चाहिए। सन्त पौलुस हमें याद दिलाते हैं कि हमको पुण्य के कार्य करते हुए ईश्वर के इताये हुए मार्ग पर आगे बढ़ना चाहिए।

सुसमाचारः सन्त योहन 3: 14-21

जब यहूदी लोग मरूभूमि में बीमार थे तो मूसा ने सॉप की मूर्ति को खड़ा कर दिया था और उसकी ओर देख कर वे अच्छे हो जाते थे। इसी तरह येसु मसीह कूस पर उपर उठाये गये और जो उनमें विश्वास करते हैं, वे पाप की बीमारी से मुक्त हो जाते हैं।

सुसमाचारः मारकुस 1: 12-15

निर्जन प्रदेश में येसु मसीह की परीक्षा ले ली गयी थी। इसी तरह हर मनुश्य को ईश्वर और संसार में से एक को चुनना पड़ता हैं। हम चाहें तो ईश्वर के प्रति ईमानदार रह सकते हैं और संसार के कल्याण के लिए कार्य कर सकते हैं। ईश्वर का राज्य अब निकट है-ईश्वर हमारा सहयोग चाहता है।

PARISH NEWS

LEO FLORISTS

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Holy Father's Intention For March

That those involved in scientific research may serve the wellbeing of the whole human person.

That the unique contribution of women to the life of the church may be recognized always..

* ROOMS/ SHOPS AVAILABLE FOR RENT*

Well Furnished Rooms with double/ triple cot available. Shops for rent available.

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FREE CLINIC AT MARIA BHAVAN BASEMENT

* ACUPRESSURE TREATMENT

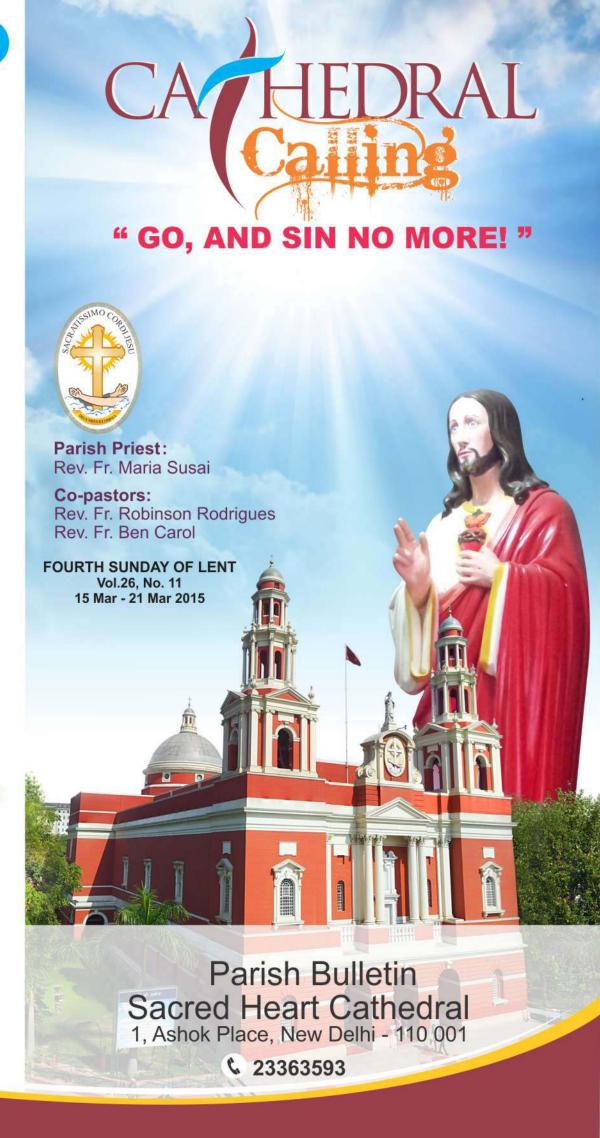
There is free clinic for accupressure treatment every Saturday from 09:00 am to 01:00 pm.

* HOMEOPATHIC TREATMENT

Free homeopathic treatment is available every Saturday from 04:30 pm to 07:00 pm.

READINGS OF THE WEEK

16 Mon Isa 65:17-21, Jn 4:43-54
17 Tue St. Patrick, Ezek 47:1-9,12, Jn 5:1-16
18 Wed St. Cyril of Jerusalem, Isa 49:8-15, Jn 5:17-30
19 Thu St. Joseph, 2Sam 7:4-16, Rom 4:13-22, Mt 1:16-24
20 Fri Wis 2:1,12-22, Jn 7:1-2,10,25-30
21 Sat Jer 11:18-20, Jn 7:40-53



E-Mail: sacredheartcathedralnewdelhi@gmail.com Website: www.sacredheartcathedraldelhi.org

WINTER MASS TIMINGS

SATURDAYS:

Cathedral: 6.00 p.m. Sunday Anticipated Mass (English) (Weekday Masses at 6.30 a.m., 1:00 p.m. and 6.00 p.m.)

SUNDAYS:

Cathedral:	06.30 a.m.	2 	English
	07.30 a.m.	·—	Malayalam
	09.00 a.m.	k	English
	10.15 a.m.	11 <u></u> 1	Hindi
	11.30 a.m.		English
	04.00 p.m.	7	Hindi
	06.00 p.m.		English
Carmel:	07.30 a.m.	_	Hindi
Mater Dei :	07.30 a.m.	×	Hindi
ISI :	07.30 a.m.	7 	Hindi

Apostolic Nunciature: 07.30 & 10.00 a.m.—English

REFLECTION:

God's love is universal and at the same time it is personal. Our God is concerned of each person individually yet at the same time he loves us as a community. We are children of the light baptized into the glory that is Christ. We are initiated into the life of Christ who is the light of the world. Once baptized in Christ we become his new creation, the members of God's own family. Today as we enter the fourth Sunday of Lent we are called upon to renew ourselves and experience the loving invitation of our Lord. In the first reading, the house of David seems to have come to an end. Because of their infidelity the people have suffered. But God's plan of salvation continues to move forward. In the second reading Paul overwhelms us with the message of God's mercy. When we were dead through our sins, he brought us back to life in Christ. The Father has done everything for us in Jesus. In the Gospel Jesus the giver of new life, tells us of the love of God for humanity that he sacrificed his own Son. Jesus declares that he must be lifted up on a cross to glorify God and bring salvation to the world.

PARISH NEWS

STATIONS OF THE CROSS:

As is the usual custom of the church, we will have the Stations of the Cross on all Fridays at 5 pm in Hindi and at 6.30 pm in English. We request all of you to take part in these special Lenten devotions to experience the tremendous mercy and compassion of God, Our Loving Father. We also earnestly urge you to be generous in your contributions during the Lenten days as it will be used for the campaign against hunger and disease.

DAYS OF FAST AND ABSTINENCE

Ash Wednesday; Good Friday. Abstinence becomes mandatory from the age of 14, and the law of fasting binds those who have attained their majority (18 yrs) until the beginning of their sixtieth year.

VOICE OF DELHI, DILLI VANI:

Voice of Delhi and Dilli Vani are available at the Help desk. Kindly get a copy for yourself.

पल्ली सूचनाएँ

क्रस का रास्ता

दुख-भोग काल में हर भाकवार भााम 05:00 बजे चर्च में हिन्दी में और 6.30 बजे अंग्रेजी में कूस रास्ता होगा। कूस रास्ता के दौरान भुखमरी और बिमारी के विरुद्ध अभियान के सहयोग के लिए चन्दा लिया जाएगा।



सपोर्ट फन्ड

प्रत्येक रिववार को चर्च सपोर्ट फन्ड़ आप काथोलिक एसोसिएशन के सदस्यों के पास जमा कर सकते हैं। चर्च को सपोर्ट करना प्रत्येक परिवार का कर्तव्य है जब आप पारिश ऑफिस मे आते है तो अपना फमिली कार्ड साथ मे लाये।

इस महिने की दिल्ली वाणी और वॉइस ऑफ देल्ली उपलब्ध है।

