

## REFLECTIONS FOR THIS SUNDAY

### 8TH SUNDAY OF THE YEAR:

#### FIRST READING:- A reading from the Book of Isaiah (49: 14-15)

This passage is part of the message of consolation and hope, that the prophet Isaiah brought to the Jewish exiles in Babylon, where they were on the brink of despair.

**RESPONSE :-** In God alone is my soul at rest.

#### SECOND READING: - A reading from the First Letter of St. Paul to the Corinthians (4: 1-5)

St. Paul tells the Corinthians that the preachers of the Gospel are Christ's servants and no one but God has the right to pass judgement on them. For God alone knows the secrets of their hearts and God is the only one who can judge them rightly.

#### GOSPEL :- A reading from the Holy Gospel according to St. Mathew (6: 24-34)

Jesus tells his disciples not to be over-solicitous about their food or their clothing, and not to make themselves slaves to things of this world. Jesus urges them to place their lives in the hands of their heavenly Father.



### वर्ष का आठवौं रविवार

पहला पाठ: नबी इसायास का ग्रंथ ४९:१४-१५

नबी इसायास के द्वारा ईश्वर अपनी प्रजा से कहता है, “यदि माता अपना दुधमुँहा बच्चा भुला भी दे, तो भी मैं तुम्हें कभी नहीं भुलाऊँगा।।

अनुवाक्य: मेरी आत्मा ईश्वर पर ही भरोसा रखती है।

दूसरा पाठ: कुरिंथियों के नाम संत पौलुस का पहला पत्र ४:१-५

सन्त पौलुस न तो स्वयं अपना न्याय करना चाहते और न किसी मनुष्य का न्यायकर्ता बनना स्वीकार करते हैं, बल्कि वह प्रभु का प्रबन्धक तथा ईमानदार सेवक बनना चाहते हैं प्रकाश डालेगा।

सुसमाचार: सन्त मारकुस का सुसमाचार ६:२४-३४

येसु अपने अनुयायियों से स्पष्ट शब्दों में कहते हैं, “ तुम ईश्वर और धन-दोनों की सेवा नहीं कर सकते“।

ईश्वर की संतान होने के नाते हमें धन को त्याग कर ईश्वर की सेवा करनी चाहिए।

## PARISH NEWS

### Lenten Message by Pope Francis

In his first Lenten message, the Pope invites all faithful to see the run-up to Lent as the ideal time for “self-denial.”

In his brief message, the Pope explained that he took his inspiration from an expression used by St. Paul in his Letter to the Corinthians: “ For you know the grace of our Lord Jesus Christ, that though he was rich, yet for your sake he became poor, so that by his poverty you might become rich”. What do these words of St. Paul mean for us Christians today? the Pope asked. He underlined that “love makes us similar, it creates equality, it breaks down walls and eliminate distances.”

“God did this with us.... God did not let our salvation drop down from heaven, like someone who gives alms from their abundance out of a sense of altruism and piety.”

The Pope then goes on to touch on social issues in the second paragraph entitled: “ Our witness”. He explains that it would be wrong to think that this “way” of poverty was Jesus ‘way’, whereas we who come after him can save the world with the right kind of human resources..” God’s wealth passes not through our wealth, but invariably and exclusively through our personal and communal poverty, enlivened by the Spirit of Christ.

The Pope distinguishes between three types of destitution: material, moral and spiritual. Material destitution is what is normally called poverty, those who lack basic rights and needs for a healthy living. In response to this destitution, the Church offers her help in meeting these needs.

No less a concern is moral destitution which consists in slavery to vice and sin. Speaking of spiritual destitution, the pope says, that we experience it when we turn away from God and reject his love.

Finally, the Pope expresses the hope that this Lenten season will find the whole Church ready to bear witness to all who live in material, spiritual and moral destitution, the Gospel message of the merciful love of God the Father, who is ready to embrace everyone in Christ. We can do this to the extent that we imitate Christ who became poor and enriched us by his poverty. Lent is a time for self-denial; we would do well to ask ourselves what we can give up in order to help and enrich others by our own poverty. Let us not forget that the real poverty hurts: no self-denial is real without this dimension of penance. “I distrust a charity that costs nothing and does not hurt.”

## READINGS OF THE WEEK

03/Mon 1Pet 1:3-9; Ps 111; Mk 10:17-27

04/Tue 1Pet 1:10-16; Ps 98; Mk 10:28-31

05/Wed Joel2:12-18;Ps 50;2Cor5:20-6:2,Mt6:1-6,16-18

06/Thu Dt 30:15-20; Ps 1; Lk 9:22-25

07/Fri Is 58:1-9; Ps 51; Mt 9:14-15

08/Sat Is 58:9-14; Ps 86; Lk 5:27-32

# CATHEDRAL Calling

“ GO, AND SIN NO MORE! ”

*First Sunday of Advent*



**Parish Priest:**

Rev. Fr. Maria Susai

**Co-pastors :**

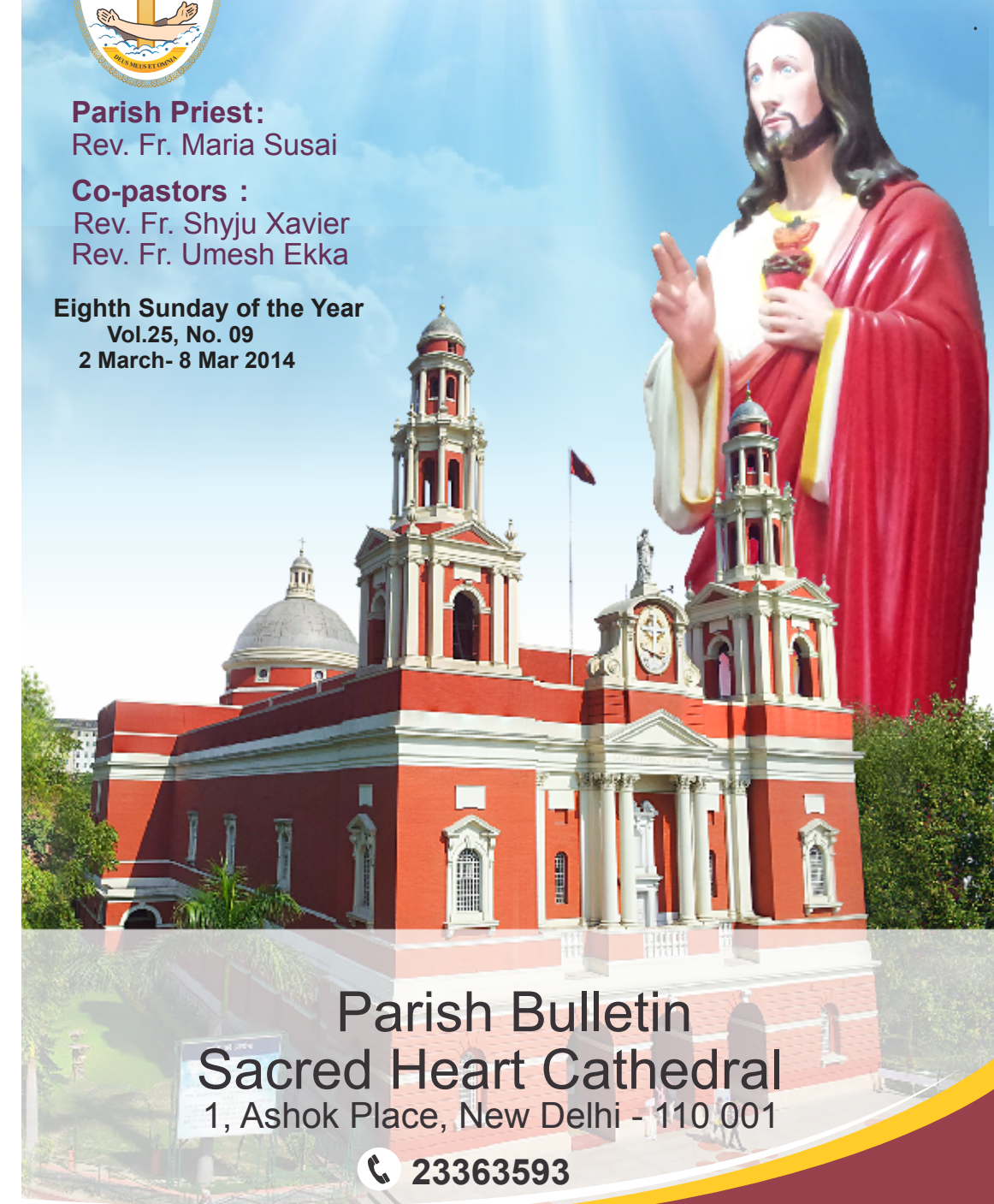
Rev. Fr. Shyju Xavier

Rev. Fr. Umesh Ekka

**Eighth Sunday of the Year**

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## WINTER MASS TIMINGS

### SATURDAYS:

**Cathedral : 6.30 p.m. Sunday Anticipated Mass (English)**  
**(Weekday Masses at 6.00 a.m., 1:00 p.m. and 6.30 p.m.)**

### SUNDAYS:

|             |            |   |           |
|-------------|------------|---|-----------|
| Cathedral : | 06.30 a.m. | — | English   |
|             | 07.30 a.m. | — | Malayalam |
|             | 09.00 a.m. | — | English   |
|             | 10.15 a.m. | — | Hindi     |
|             | 11.30 a.m. | — | English   |
|             | 04.30 p.m. | — | Hindi     |
|             | 06.30 p.m. | — | English   |
| Carmel :    | 07.30 a.m. | — | Hindi     |
| Mater Dei : | 07.00 a.m. | — | Hindi     |
| ISI :       | 07.00 a.m. | — | Hindi     |

Apostolic Nunciature : 07.30 & 10.00 a.m.—English

### REFLECTION:

Our Lord wants to reassure us: Do not worry so much about things. Remember, your heavenly Father knows you need them and he will take care of you.”

Of course, this would not be a practical principle to apply in business, or government, or the professions; as if one did not have to plan ahead, study the details of a project and use all of one’s insight and energies to bring things to fruition. Nobody doubts the need for prudence and for providing for the foreseeable needs of the future. However, just as important for our wellbeing is the kind of basic trust and optimism commended by Jesus. His words offer a radical antidote to being overburdened by caution and afraid of the risks of living. We really do need the sense that Someone up there is looking after me. A lovely image of divine providence is portrayed by Isaiah in the rhetorical question: Does a woman forget a baby at the breast? or fail to cherish the son of her womb? Yet even if these forget, I will never forget you.

Peoples’ fears are real enough. As someone has said, “ We are afraid of something all of the time and of everything some of the time. “ Many are afraid of failure, afraid of letting others down and of being let down ourselves by others. We may be afraid to love somebody because they might not love us; afraid of losing our jobs, our health, our security, our grip. Fear comes in a wide variety of forms, stress, doubt, tension, pressure, anxiety.

It manifests itself in ways from a nervous tic to a nervous breakdown. So we all of us have a great lesson to learn today : to repose faith in the great Teacher. A deep faith can put all our normal fears into healthy perspective.

## PARISH NEWS

### ASH WEDNESDAY:

We begin the Lenten Season with Ash Wednesday on the 5th of March. It is a day of fast and abstinence. There will be blessing of Ashes at the Cathedral during the Masses at 6:30 am, 01:00 pm and 6:00 pm. There will be a Mass also at Khan Market in the evening at 06:30 pm. Kindly note that on that day there will be no Novena in honour of the Perpetual Succour.

### LENTEN ALMS - ENVELOPS:

To help you in your lenten almsgiving, envelopes are available. Each family can carry home an envelop, which you can bring back to the Church during the Holy Week.

### COMMON CATECHETICAL PROGRAMME:

The next batch of the Common Catechetical Programme meant for those adults who have not yet received the Sacraments of Holy Communion and Confirmation will begin shortly. If you still have not enrolled for the programme, kindly give your names to the Parish Fathers latest by next Sunday.

### WAY OF THE CROSS:

Way of the Cross will be held on Fridays at 5 pm in Hindi and at 6.30 pm in English. Collection taken during the service will be for the campaign against hunger and disease..

### DIVINE MERCY:

It being the first Friday of the month, on 7th March, there will be devotion to the Sacred Heart and Holy Mass at 3 pm.

### PARISH WEBSITE:

We are very happy to inform you that the number of people visiting our Parish Website has been growing by leaps and bounds. We invite articles, poems, inspirational stories etc. from our parishioners for uploading onto the website. Anyone willing to contribute the same may kindly contact Fr. Shyju Xavier.

## पल्ली सूचनाएँ

राख बुधवार ०५ मार्च राख बुधवार है। यह उपवास और परहेज का दिन है। इस दिन से हम दुख-भोग काल प्रारंभ करते हैं। राख की आशीष और मलन सुबह ०६:३० बजे, और शाम ०६:०० बजे की मिस्साओं के दौरान की जायेगी। राख बुधवार के दिन खान मार्केट में शाम ०६:३० बजे मिस्सा होगी। इस हफ्ते बुधवार को नोवेना नहीं होगी।

### कूस का रास्ता

चालीसा काल में हर शुक्रवार शाम ०५:०० बजे चर्च में हिन्दी में और ०६:३० बजे अंग्रेजी में कूस रास्ता होगा। कूस रास्ता के दौरान भुखमरी और बिमारी के विरुद्ध अभियान के सहयोग के लिए चन्दा लिया जाएगा।

### विशेष धर्म शिक्षा

जिन लोगों ने अब तक परमप्रसाद और दृढीकरण संस्कार ग्रहण नहीं किये हैं उनके लिए विशेष क्लास जल्दी ही शुरू होने वाली है। कृपया अपना नाम पैरिश ऑफिस में दें।

### चालीसा सहायता लिफाफा

चालीसे के इस पुण्य काल में गरीबों की सहायता करने के लिए लिफाफे चर्च में रखे गये हैं। सभी पल्लीवासी इसे घर ले कर जाये और पवित्र सप्ताह के दौरान चर्च में वापिस लौटाये।

### देवी करुणा

आने वाले पहले शुक्रवार ७ मार्च को ०३ बजे देवी करुणा की भक्ति और मिस्सा बलिदान चढ़ाया जायेगा।

### पैरिश वैबसाईट

हमें यह बताते हुए बहुत प्रसन्नता हो रही है कि हमारे पैरिश वैबसाईट की लोकप्रियता बढ़ती जा रही है। हम अपने इच्छुक पल्लीवासियों से निवेदन करते हैं कि कोई भी अनुच्छेद, कविता व रोचक स्टोरी वैबसाईट पर अपलोड करना चाहे तो फादर शैजू से सम्पर्क करें।

### खजूर की डालियाँ

सभी पल्लीवासियों से निवेदन है कि पिछले साल जो खजूर की डालियाँ अपने घर ले गये थे उसे मंगलवार यानि ४ मार्च तक चर्च में लौटाये।



*“Ask and it will be given to you; seek and you will find;  
knock and the door will be opened to you.”*