



### Message by Parish Priest



Dear Friends,

Today we reflect on the second beatitude with Pope Francis. 'Blessed are those who mourn, for they shall be comforted.' In the Greek; language, in which the Gospel is written, this Beatitude is expressed with a verb that isn't passive- in fact, the blessed don't suffer this mourning- but in the active they are afflicted." They mourn but from within. It's an attitude that became central in Christian spirituality and that the Desert fathers, the first monks of history, called "penthos" an interior sorrow that opens to a relationship with the Lord and with one's neighbor. In the Scriptures, the mourning can have two aspects: the first is for the death or suffering of someone. The other aspect is the tears for sin- for one's own sin, when the heart bleeds for having offended God and one's neighbor. Hence it's about loving the other in such a way as to bind oneself to him or her to share his pain. There are persons that remain distant, take a step back. Instead, it's important that others break through our hearts.

The second meaning of second beatitude: to weep for sin, it's necessary to make distinction here: there are those who get angry because they were angry, but this is pride. Instead there are those who weep for the harm done, for the good omitted, for the betrayal of the relationship with God. This is the sorrow for not having loved, which flows from having others' life at heart. Here one weeps because one doesn't correspond to the Lord, who loves us so much, and the thought saddens for good not done.

This is the subject of one's errors to be faced- difficult but vital. St. Peter's tears, which led him to a new and much truer love. Peter looked at Jesus and wept and his heart was renewed. As opposed to Judas, who didn't accept his having erred and committed suicide.

May we be able to recognize our failures and be able to weep for our failures that we may be renewed like St. Peter. "Blessed are those who mourn, for they shall be comforted."



**Parish Priest**

Fr. Lawrence PR

**Asst. Parish Priests**

Fr. John Britto

Fr. Shinil Jacob

### Mass Timings

#### Saturdays

6.00 pm (Eng)

Anticipated Mass

#### Sundays

6.30 am - English

7.30 am - Malayalam

9.00 am - English

10.15 am - Hindi

11.30 am - English

4.00 pm - Hindi

6.00 pm - English

#### Weekdays

6.30 am- English

1.00 pm - English

6.00 pm - English

Tuesday evening

Mass is in Hindi

\* No mass at 1.00 pm  
on Saturdays

### Sunday Liturgy

1st Mar. 2020

English 9:00am

St. Anthony

SCC Unit

Hindi 10:15am

St Sebastian

SCC Unit

# ((( SUNDAY READINGS & REFLECTION )))

## 1st Reading: Leviticus (19:1-2,17-18)

The passage from Leviticus contains the well-known "Holiness Code: Be holy for the Lord God is holy.

## Response Ps: 102

The Lord is compassion and love.

## 2nd Reading: Corinthians (3:16-23)

Paul realizes that the Corinthians have a confused notion about wisdom. Hence, he invites those who call themselves wise to recognize their ignorance so that they may become wise.

## Gospel: St Matthew (5:38-48)

There is a natural desire in us for vengeance but Jesus calls for an unselfish attitude which refuses not only to retaliate but also not to resist the aggressor.

## Prayers of the Faithful:

Lord, help us to love all and hate none.

## पहला पाठ: लेवी ग्रंथ 19:1 - 2.17-18

ईश्वर नबी मूसा के मुख से अपनी प्रजा इस्त्राएल से यह कहता है—“पवित्र बनो, क्योंकि मैं प्रभु, तुम्हारा ईश्वर पवित्र हूँ”।

## अनुवाक्य: स्तोत्र 102

प्रभु दया तथा अनुकम्पा से परिपमर्ण है।

## दूसरा पाठ: कुरिंथियों के नाम 3:16 - 23

संत पौलुस कुरिंथियों को आश्वासन देते हुए कहते हैं कि, “सब कुछ आपका है। परन्तु आप मसीह के और मसीह ईश्वर के हैं”।

## सुसमाचार: सन्त मत्ती 5:38-48

ईश्वर अत्यन्त दयालु तथा प्रेममय पिता है। वह सभी भले-बुरे, विश्वासी-अविश्वासी और धर्मी-अधर्मी लोगों का कल्याण चाहता है।

## विश्वासियों के निवेदन

हे पिता, हमारी प्रार्थना सुन।

## REFLECTION

In today's Gospel Jesus calls us to a higher love. Jesus calls us to forgive and love our enemies! The lesson we have to learn from the passage hardly needs any emphasizing. We must, if we are truly Christian, forgive those who offend or injure us. We must love all men, whether they be friends or enemies. We are commanded to love our neighbours and our enemies; they are generally the same people. But it is my neighbours, those among whom I live and work, who are liable to injure me and thus become my enemies. Charity begins at home, because it is here that it can and should be learned and practiced. It is first and foremost necessary for Christian peace in the home. Husband and wife must learn to understand and tolerate each other's imperfections and faults. If one offends in what the other would regard as something serious, the offended one should not demand an apology but should show forgiveness before the other has humbly to apologize. No two persons in the world, not even identical twins, can agree on all things, so it is vain and unrealistic to expect even one's married partner to agree with one in all points. Christian charity alone can cover the multitude of faults of both partners. If there is peace and harmony between husband and wife, as there will be if both are truly charitable, the children will learn too to be understanding and forgiving. Such a home will be a truly happy home even if it has little of the world's riches.

Our charity must spread from the home to our neighbours—to all those with whom we have contact. It is easy to get on with most people, but in every neighbourhood and in every village or town there will always be those who are difficult. There will be the dishonest, the tale-bearers, the quarrelsome, the critic of everyone and everything. It is when we have dealings with such people that all our Christian charity is necessary. Most likely we will never be able to change their ways of acting, but charity will enable us to tolerate their faults and will move us to pray for their eternal welfare. Life for many, if not for most people, has many dark, gloomy and despairing moments. The man or woman who is moved by true Christian charity can bring a beam of sunshine, a ray of hope, into the lives of these people.

## READINGS OF THE WEEK

- 24 Mon:** Jas 3:13-18/ Ps 19 /Mk 9:14-29  
**25 Tue:** Jas 4:1-10/ Ps 55/ Mk 9:30-37  
**26 Wed:** Joel 2:12-18/ Ps 51/Cor 5:20-6:2/  
Mt 6:1-6,16-18  
**27 Thu:** Deut 30:15-20/ Ps 1/ Lk 9:22-25  
**28 Fri:** Isa 58:1-9/ Ps 51/ Mt 9:14-15  
**29 Sat:** Isa 58:9-14/ Ps 86/ Lk 5:27-32



**Listen to the Migrants' Cries**  
**We pray that the cries of our**  
**migrant brothers and sisters,**  
**victims of criminal**  
**trafficking, may be heard**  
**and considered.**

-Pope Francis-



## PARISH NEWS

1. Today there will be meeting of the altar servers soon after the 10.15 Mass. All those children who received holy Communion are requested to join the Altar Servers Association.
2. Next Sunday, 1st March, 2020, there will be the meeting of the Parish Council soon after the 9.00 am mass.
3. This year we commence the Holy Season of Lent on the 26th February with the Ash Wednesday. It is a day of fast and abstinence. Masses on the Ash Wednesday will be as per the week day schedule. Kindly note that we won't have the Novena to our Lady of Perpetual Succor on the Ash Wednesday. We also request you to bring back the blessed palm leaves that you took on the last Palm Sunday.
4. During Lenten Season the Way of the Cross will be held at Cathedral on Thursdays in Malayalam at 6:45 pm, on Fridays at 5:00 pm in Hindi and at 6:30 pm in English. On Fridays at Khan Market at 6:30 pm. On Tuesday at 2:30 pm at Carmel Convent. Collection taken during the service will be for the campaign against hunger and disease.
5. The DCRS is organising the Lenten Convention "Hosanna" in English with Hindi translation on 6th, 7th & 8th March at Jeevan Jyothi Ashram. Rev Fr Ausustine Vallooran VC will preach the Retreat.
6. Thanks to CARITAS INDIA and Our Lady of Mount Carmel SCC unit for animating the liturgy today.
7. The women Commission of Delhi Archdiocese will be celebrating International Women's Day on the 8th of March from 8.30 am to 4.30 pm AT DCC Hall. On this occasion there will be awareness talk and free Health Check up. All women are welcome.
8. On the 14th March (Saturday) we are going on a pilgrimage to Sardhana. Please register your name with the Catholic Association. Last date to register is 8th March, 2020.
9. There will Choir Practice for the Holy Week celebrations on every Saturday at 5:30 pm in Maria Bhawan Basement. Those who would like to join the Choir are requested to attend the practice regularly from the beginning.
10. Kindly pay your Church Support Fund regularly at the Help Desk.

**Fr. Lawrence PR**  
**Parish Priest**

## SCC MEETINGS

1. **Our Lady of Mount Carmel** SCC Meeting on 24th Feb. 20 (Mon) at 7:00pm at the Residence of **Mrs. Usha, C-II/53, Satya Marg, Chanakyapuri.**
2. **St. John Paul- II** SCC meeting on 27th February, 2020 (Thursday) at 7.00pm in **St. Columbus**

# Pilgrimage to Sardhana



**Pilgrimage  
to Our Lady of  
Grace Sardhana  
on  
14th Mar. 2020  
at 6:00 am  
Ticket:**

**₹ 450/- Per Person  
Last Date for Submitting the Name 8th Mar.**

## STATIONS OF THE CROSS

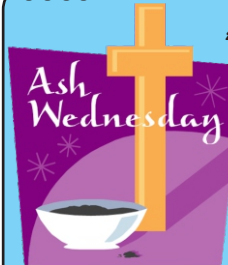
**SACRED HEART CATHEDRAL  
DELHI CATHOLIC ARCHDIOCESE**

Thursdays: At 6:45 pm in Malayalam  
Fridays: At 5:00 pm in Hindi  
At 6:30 pm in English  
At Carmel Convent: Tuesdays at 2:30 pm  
At Mater Dei Convent: Fridays at 6:00 pm  
At Khan Mkt: Fridays at 6:30 pm

*During the Stations of the Cross,  
collection will be taken towards the  
Campaign against hunger and disease.*

## ASH WEDNESDAY SERVICE

**ASH WEDNESDAY  
MASS SCHEDULE**



**26TH FEB., 2020  
AT CATHEDRAL**

**06:30 am (English)  
01:00 pm (English)  
06:00 pm (English)**



**This issue is sponsored by Ms. JAYA PAUL.**