

## SACRED HEART CATHEDRAL

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## Message by Parish Priest



My dear friends!

We have embarked on the journey towards holiness in this season of Lent. It's a journey of discipleship. During this journey the Lord reveals to us the treasures of eternal life. Archbishop Anil

in his message for the Second Sunday of Lent says we are called to know the Lord profoundly and love the Lord more intimately and follow the Lord more closely during this Lenten observance. The Transfiguration is one of the most profound experiences the Lord gave to his chosen disciples. In this experience, the Lord showed them his glory as the son of God, the glory to which we are called. If we are to share in this glory of the Lord, we must be ready to participate in the sufferings of the Lord.

In the recent times the world is in the grip of the COVID 19. It is a time for the entire humanity to respond to this health crisis positively. Cardinal Oswald Gracias in his letter has suggested few things to be kept in mind to fight against this Corona Virus. The first suggestion is to wish each other by the traditional Indian way of greeting, "Namaste", at the time of the sign of peace during the Mass. To receive Holy Communion in hands instead of in the tongue is another suggestion given by the Cardinal. We also plan to keep the Holy water stoops dry during these days in order to combat the fear of corona virus.

My dear friends let us pray for all the people who are affected by this virus, let us also strive to make all the efforts to stop this virus from spreading. May the Transfigured Lord be with all the Health workers during these days. God Bless!



## Parish Priest

Fr. Lawrence PR

## Asst. Parish Priests

Fr. John Britto

Fr. Shinil Jacob

## Mass Timings

Saturdays

6.00 pm (Eng)

Anticipated Mass

Sundays

6.30 am - English

7.30 am - Malayalam

9.00 am - English

10.15 am - Hindi

11.30 am - English

4.00 pm - Hindi

6.00 pm - English

Weekdays

6.30 am - English

1.00 pm - English

6.00 pm - English

Tuesday evening  
Mass is in Hindi

\* No mass at 1.00 pm  
on Saturdays

## Sunday Liturgy

15th Mar. 2020

English 9:00am

St. John Paul II

SCC Unit

Hindi 10:15am

St. Thomas

SCC Unit

## SCC MEETINGS

**Our Lady of Mount Carmel SCC Meeting  
on 08th March, 2020 (Sunday) at 4.00 pm**  
at the residence of  
**Ms Bella B-16, Malcha Marg, Chanakyapuri.**

## ((( SUNDAY READINGS & REFLECTION )))

### 1st Reading: Genesis (12:1-4)

Abraham is asked to leave his country and go to a land that God will show him.

### Response Ps: 32

May your love be upon us, O Lord, as we place all our hope in you.

### 2nd Reading: Timothy (1:8-10)

St Paul tells Timothy not to be ashamed of being witness to the Lord Jesus.

### Gospel: St Matthew (17:1-9)

Jesus leads Peter, James and John to Mount Tabor where they witness the Transfiguration.

### Prayers of the Faithful:

Lord, transform our lives.

### पहला पाठ: उत्पत्ति ग्रन्थ 12:1 - 4

ईश्वर ने आदि पुरुष अब्राहम से जो प्रनिज्ञा की थी, उस पर उन्होंने पूर्ण विश्वास किया। हम भी ईश्वर की प्रतिज्ञा पर विश्वास करें।

### अनुवाक्य: स्तोत्र 33

हे प्रभु! तेरा प्रेम हम पर बना रहे। हम तुझ पर ही पूर्ण आशा रखते हैं।

### दूसरा पाठ: तिमथी के नाम 1:8 - 10

ईश्वर के सामर्थ्य पर भरोसा रख कर हम सुसमाचार के लिए कष्ट सहते रहें, जिससे हम उसके साथ पुनरुत्थान की महिमा प्राप्त कर सकें।

### सुसमाचार: सन्त मती 17:1-9

येसु के दुःखभोग की भविष्यवाणी सुन कर शिष्य उदास तथा भयभीत थे। येसु उन्हें अपना दिव्य रूप दिखलाते हैं जिससे कि उनका विश्वास दृढ़ हो जाये।

### विश्वासियों के निवेदन

हे पिता, हमारी प्रार्थना सुन।

## REFLECTION

This Sunday we climb Mount Tabor with Jesus. Here, we get a glimpse of the glory of Jesus, whose divine love is always transforming us. Jesus, through his Transfiguration, shows us a little spark of the eternal bliss that is awaiting us. Our Lord is transfigured to make us desire eternal happiness in its entirety.

Our gentle Savior wishes to make use of his divine attractions and inspirations to draw us to His most pure love. When God gives us faith, God speaks to our mind through inspirations. These first perceptions of God's love are poured into us through the Holy Spirit. In hearts that give their consent, God, little by little, gently strengthens the holy love that comes from these inspirations.

The disciples experienced such delight on Mount Tabor that they wanted to stay there. Let us also place all our affections on Our Savior and aspire to the happiness that God has prepared for us. God has given us all the necessary means to attain the happiness of eternal glory. We too are climbing Mount Tabor, since we are firmly resolved to serve Our Savior well, and to love His divine Goodness. Yet, as it often happens when we begin to grow in holiness, we find our affections are still entangled with useless loves. Don't be upset. It is an opportunity to practice virtue. You have a great desire for holiness. Nourish this desire and let it grow each day. If you stumble, cry out to Our Lord who desires your love, and will hold you by the hand. Without growing weary, let us climb Mount Tabor toward the heavenly vision our Savior gave us.

Walk joyously, then, among the difficulties of this passing life. Embrace all the challenges that you encounter along the path that God has marked out for you, and be at peace. Transformation is the true mark of a divine visitation. May you always desire it!

## READINGS OF THE WEEK

- 09 Mon:** Dan 9:4-10/ Ps 79 /Lk 6:36-38  
**10 Tue:** Isa 1:10, 16-20/ Ps 50/ Mt 23:1-12  
**11 Wed:** Jer 18:18-20/ Ps 31/ Mt 20:17-28  
**12 Thu:** Jer 17:5-10/Ps 1/ Lk 16:19-31  
**13 Fri:** Gen 37:3-4,12-13,17-28/ Ps 105/  
Mt 21:33-43,45-46  
**14 Sat:** Mic 7:14-15, 18-20/ Ps 103/  
Lk 15:1-3,11-32



**Lent is a fitting time for self-denial; we would do well to ask ourselves what we can give up in order to help and enrich others by our own poverty.**

*-Pope Francis-*



## PARISH NEWS

1. Today we have the second collection for the Seminary Fund.
2. Today soon after the 9 am Mass there will be the meeting of the Catholic Association.
3. During Lenten Season the Way of the Cross will be held at Cathedral on Thursdays in Malayalam at 6:45 pm, on Fridays at 5:00 pm in Hindi and at 6:30 pm in English. On Fridays in Mater Dei at 6.00 pm and in Khan Market Shrine at 6:30 pm. On Tuesday at 2:30 pm at Carmel Convent. Collection taken during the service will be for the campaign against hunger and disease.
4. TU4C, Delhi is organizing Annual Juniors Retreat in Burari from the 13th to 15th March. Registration Fee is Rs 700. Please refer the notice board for more details.
5. Thanks to Youth unit and St. Michael's SCC unit for animating the liturgy today.
6. Next Sunday, the 9.00 am and 10.15 Masses will be animated by St. John Paul II and St. Thomas SCC units respectively.
7. The Women Day celebration scheduled for today has been postponed due to current situations in Delhi.
8. We are postponing the pilgrimage to Sardhana due to the current situation. Those who would like to get the refund kindly contact the CA members.
9. There will be Choir Practice for the Holy Week celebrations on every Saturday at 5:30 pm in Maria Bhawan Basement. Those who would like to join the Choir are requested to attend the practice regularly.
10. Kindly pay your Church Support Fund regularly at the Help Desk.

**Fr. Lawrence PR**  
**Parish Priest**

# HAPPY BIRTHDAY FATHER



*Dear Father,  
Wishing you a  
Happy Birthday*

*Your holy service  
to the Lord touches  
so many hearts and inspires  
so many lives.*

*God Bless you  
with Peace and joy as you  
Celebrate your birthday  
on 6th Mar. 2020  
and another year  
of faithful service in Christ.*

## STATIONS OF THE CROSS

**SACRED HEART CATHEDRAL  
DELHI CATHOLIC ARCHDIOCESE**

Thursdays: At 6:45 pm in Malayalam

Fridays: At 5:00 pm in Hindi

At 6:30 pm in English

At Carmel Convent: Tuesdays at 2:30 pm

At Mater Dei Convent: Fridays at 6:00 pm

At Khan Mkt: Fridays at 6:30 pm

*During the Stations of the Cross,  
collection will be taken towards the  
Campaign against hunger and disease.*

## FEASTS OF THE WEEK

**09 Mon: St Frances of Rome**

**10 Tue: 40 Martyrs of Armenia**

**11 Wed: St Eulogius**

**12 Thu: St. Theophanes**

**13 Fri: St Euphrasia**

**14 Sat: St Matilda**

**This issue is sponsored by Ms. JAYA PAUL.**